Invocations of Lent

"What makes the desert beautiful,' said the little prince, 'is that somewhere it hides a well..."

Saint-Exupery 'The Little Prince'

We enter Lent in the Spirit of a long winter:

A cold, frozen time...

consisting of days with the shortest hours of sunlight, with little signs of life.

We long for Spring - for life... for light...

but are still in the depths of a seeming cold, dark desert. We are in *waiting* mode.... waiting to be released... Waiting to live again surrounded by life.

Lent is a fragile time...

Entered into in the spirit of Winter, a desert-like spirit (*for most*), ...longing for Spring, for Summer.

Lent derives from the old english world *Lencten* - the season of Spring, a time of natural rebirth,

corresponding to a process of inner spiritual regeneration... a time of preparing ourselves

to 'witness' Christ's resurrection.

The lenten season is our "spiritual spring."

This is a time of subdued joy,

a time to use as our personal and communal opportunity to come closer to the Source of divine joy and life to come closer to God through Christ.

Here is a time to purge ourselves
of the distractions which weigh us down
and prevent us from experiencing the joy
that comes from being in
God's continual presence.





The only things which should cause us sorrow at this time are those obstacles which we ourselves place on the path to God and thus impede our journey to Him... pride, greed, selfishness, even lack of faith, lack of hope.

Too often Lent has been misunderstood as a time of grim repentance, but it is meant to be a time of joy,

the joy of a fresh start, the joy of Spring approaching the joy of new life coming into being...

greening meadows and blossoming trees and gardens proclaim a new season.

...a time to fully witness and enter into
this growth of the joy of resurrection...
of Christ's resurrection
and through the resurrection
of the land we walk.



This is a time for hope and growth... within our human condition.



arising from the lifeless desert of temptation and deprivation, arising from the *seeming* nothingness of a seed.

The 40 days of Lent is a time that mirrors Christ's 40 days in the desert, in which he entered our human condition at its darkest,

to be filled with temptation...

to be moulded in preparation for ministry...

to find spiritual clarity...

to find strength of purpose...

to find the strength to resist further temptation and loss of hope.



French writer and pioneering aviator Antoine de Saint-Exupéry directs our eyes to the stars.

Ensouled, we are carried on the *wind* in bodies of *sand* and we look up longingly to the *stars*, our homeland.

Sometimes Saint-Exupéry flew without his flying machine... when lying on his back in the Saharan night, he felt himself falling upward.

"When I opened my eyes I saw nothing but the pool of nocturnal sky,



for I was lying on my back with out-stretched arms, face to face with that hatchery of stars. Only half awake, still unaware that those depths were sky,

having no roof between those depths and me, no branches to screen them, no root to cling to,

I was seized with vertigo and felt myself as if flung forth and plunging downward like a diver."

Lent is a time of change: A change of Seasons.

A change of heart.

Jesus went into the desert to be reconciled and prepared for the change in his own life about to take place.

Our time of change - within the season of Lent - is symbolized by a change in forms and colours.

Spring bursts with the shapes and colours of nature.
Our liturgical colours transform from
the black of ash,
to Lenten purple,
to golden Easter.



Lent is a time of vertigo...
to look up into the stars of heaven...
to see our destination,
and to look at our ensouled human condition,
to see the path from which we journey.









Lent is not a joyous time - *in itself*,
but it transforms into joy... it leads to joy.
What starts as a solemn time of
being marked and immersed
with our ensouled nature

is transfigured into the joy of Christ's resurrection, ...into our resurrection,

of arising out of it... not beholden by it.

